A Level II FAK in a medical roll configuration that provides a deep level of medical capability for groups in a remote austere environment

YOUTUBE: USNERDOC
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LEVEL II FAK CONTENTS LIST

Packaging
- Blackhawk Medic Roll
- ALOKSAX Bags
- Small Zip Lock Bags
- Small Pill Vials
- OPTIONAL
  Vacuum Bagging
  Medical Supplies

Emergency Module
- CPR Mask
- Gloves
- Aspirin
- Glucose Tabs
- Benadryl
- Pepcid

OPTIONAL
  Vacuum Bagging

Medical Supplies
- Emergency Module
  - CPR Mask
  - Gloves
  - Aspirin
  - Glucose Tabs
  - Benadryl
  - Pepcid

- Dental Module
  - Dental Floss
  - Dental Mirror
  - Dental Wax
  - Dent Temp
  - Oil of Cloves
  - Zilactin
  - Tea Bag
  - 2x2 gauze
  - Q-Tip

- Dental Module
  - Dental Floss
  - Dental Mirror
  - Dental Wax
  - Dent Temp
  - Oil of Cloves
  - Zilactin
  - Tea Bag
  - 2x2 gauze
  - Q-Tip

- Instrument Module
  - Headlamp
  - Fresnel Lens
  - Scissor
  - Hemostat
  - Splinter Tweezers
  - Sharp Tweezers
  - Disposable Scalpel
  - Emory Board
  - Large Nail Clip
  - Large Safety Pins
  - Single Edge Razor
  - Razor Knife (optional)
  - 18ga Needle (optional)

- Wound Module
  - 20cc Irrigating Syringe
  - Irrigating Tip / Zerowet
  - Band-Aid Pack
    - ½ Band-Aid
    - ¼ Band-Aid
    - 2” Band-Aid
    - Knuckle Wrap
  - Steri-Strip
  - Butterfly Tape
  - Duct Tape
  - Adhesive Tape
  - Tegaderm
  - Moleskin
  - Blister Pads
  - 4x4 Gauze Pads
  - Roller Gauze
  - Trauma Pad
  - Liquid Bandage
  - Non-Adherent Pad
  - OPTIONAL SUPPLIES
    - 4-0 Nylon Suture
    - Quick Clot Gauze
    - Cyanoacrylate Glue

- Eye Module
  - Eye Cup
  - Eye Wash

- Musculoskeletal Module
  - SAM Splint (large)
  - SAM Splint (small)
  - ACE Wrap (3”)
  - Triangular Bandage
  - Self-Adherent
    - Roller Dressing

- PPE Module
  - Gloves
  - Wet Wipes
  - Hand Gel Sanitizer

- ADMIN Module
  - Waterproof Paper
  - Pen
  - Empty Medication Bags
  - Empty 2x4 Zip Lock Bags

Pharmacy Module (OTC)
- Pain / Fever Meds
  - Tylenol
  - Ibuprofen
  - Aspirin

- GI Meds
  - Imodium
  - Pepto-Bismol
  - Pepcid

- Optional Rx Meds
  - Oxycodone 5mg
  - Vicodin

- Optional Rx Meds
  - Phenergan

- Antibiotic Meds
  - Triple Antibiotic Ointment

- Allergy Meds
  - Claritin
  - 1% Hydrocortisone Cream

- Comfort Meds
  - Lip Balm

- Misc Supplies
  - Alcohol Pad
  - Betadine Pad
  - Sting-Ezee Pad
  - Benzoin Ampoule
Instrument Module
- Headlamp: REI
- Fresnel Lens: REI
- Scissor: REI / Drug Store
- Hemostat: REI / Drug Store
- Splinter Tweezers: REI / Drug Store
- Sharp Tweezers: REI / Drug Store
- Disposable Scalpel: Online Medical Supply
- Emory Board: Drug Store
- Large Nail Clip: Drug Store
- Large Safety Pins: Fabric Store
- Single Edge Razor: Hardware Store
- Razor Knife (optional): County Comm
- 18ga Needle (optional): Online Medical Supply

Emergency Module
- CPR Mask: REI
- Gloves: Hardware Store
- Aspirin: Drug Store
- Glucose Tabs: Drug Store
- Benadryl: Drug Store
- Pepcid: Drug Store

Wound Module
- 20cc Irrigating Syringe: REI / Online Medical Supply
- Irrigating Tip or Zerowet: Online Medical Supply
- Band-Aid Pack: Drug Store
  - ½ Band-Aid
  - ¾ Band-Aid
  - 2" Band-Aid
  - Knuckle Wrap
- Steri-Strip: Drug Store
- Butterfly Tape: Drug Store
- Duct Tape: Hardware Store
- Adhesive Tape: Drug Store
- Tegaderm: Drug Store
- Moleskin: REI / Drug Store
- Blister Pads: REI / Drug Store
- 4x4 Gauze Pads: Drug Store
- Roller Gauze: Drug Store
- Trauma Pad: Drug Store
- Liquid Bandage: Drug Store
- Non-Adherent Pad: Drug Store
- 4-0 Nylon Suture: REI / Online Medical Supply
- Quick Clot Gauze: REI
- Cyanoacrylate Glue: Hardware Store

Dental Module
- Dental Floss: Drug Store
- Dental Mirror: Drug Store
- Dental Wax: Drug Store
- Dent Temp: Drug Store
- Oil of Cloves: Drug Store
- Zilactin: Drug Store
- Tea Bag: Grocery Store
- 2x2 gauze: Drug Store
- Q-Tip: Drug Store
Eye Module
- Eye Cup
- Eye Wash

Musculoskeletal Module
- SAM Splint (large) REI
- SAM Splint (small) REI
- ACE Wrap (3") Drug Store
- Triangular Bandage REI
- Self-Adherent Roller Dressing REI / Drug Store / Farm Supply

PPE (Personal Protection Equipment) Module
- Gloves Drug Store
- Wet Wipes Drug Store
- Hand Gel Sanitizer Drug Store

ADMIN Module
- Waterproof Paper REI
- Pen Drug Store
- Empty Medication Bags Drug Store
- Empty 2x4 Zip Lock Bags Drug Store

Pharmacy Module
# OTC Medications Pack #1

**Aspirin**  **Chest Pain**  
Acetylsalicylic acid 325mg  
*NOT FOR CHILDREN / TEENAGERS*  
1 Tab by mouth for chest pain  

**Benadryl**  **Allergy / Sleep**  
Diphenhydramine 25mg  
1-2 Tab by mouth every 4-6 hours  

**Pepcid**  **Acid Reflux / Allergy**  
Famotidine 20mg  
1 Tab by mouth every day  

**Imodium**  **Diarrhea**  
Loperamide 2mg  
2 Tab by mouth after loose stool - then -  
1 Tab by mouth after subsequent loose stool  
Dosing not to exceed 8mg / day  

**Claritin**  **Seasonal Allergies**  
Loratidine 10mg  
1-2 Tab by mouth every 4-6 hours  

**Pepto-Bismol Chew Tab**  **GI Upset / Nausea**  
**Diarrhea / Gas**  
Bismuth subsalicylate 262mg  
*NOT FOR CHILDREN / TEENAGERS*  
2 Tab by mouth every ½ - 1 hours  
Dosing not to exceed 16 Tab /day  

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*WARNING: REYE'S SYNDROME* - Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use aspirin products. Reye's syndrome is a rare but serious illness.

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# OTC Medications Pack #2

**Tylenol**  **Fever / Pain**  
Acetaminophen 500mg  
2 Tab by mouth every 4-6 hours  

**Ibuprofen**  **Fever / Pain**  
Ibuprofen 200mg  
2-4 Tab by mouth every 6-8 hours  

**Oral Hydration Salts**  **Dehydration / Diarrhea**  
Mix packet in 1 Liter clean water  
ADULT - drink over 2-4 hours  
CHILDREN - drink over 8-24 hours  

**Burn Jel**  **Minor Burns**  
2% Lidocaine Jelly  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day  

**Sting Relief**  **Insect Bite / Stinger**  
**Minor Burns / Scrapes**  
Benzocaine 6%  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day  

**Hydrocortisone Cream**  **Itching / Skin Rash**  
Hydrocortisone 1%  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day  

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# Prescription Medications

**Perocet**  **Pain**  
Oxycodeone / Acetaminophen (5/325)  
1-2 Tab by mouth every 4-6 hours  

**Vicodin**  **Pain**  
Hydrocodeone / Acetaminophen (5/500)  
1-2 Tab by mouth every 4-6 hours  

**Phenergan**  **Nausea / Vomiting**  
Promethazine 25mg  
1 Tab by mouth every 4-6 hours  

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